

**Loop A  
Lap Mileage**



Lap	KM	Miles	
100	40	24.855	<b>1 Lap = 400 meters</b>
110	44	27.340	
120	48	29.826	
<b>125</b>	<b>50</b>	<b>31.069</b>	
130	52	32.311	
140	56	34.797	
<b>152</b>	<b>60.8</b>	<b>37.779</b>	<b>6hr Track Record Mark Loogman</b>
160	64	39.768	
<b>172</b>	<b>68.8</b>	<b>42.750</b>	<b>6 hr Track Record Ailsa MacDonald</b>
180	72	44.739	
<b>189</b>	<b>75.6</b>	<b>46.976</b>	<b>C 6hr W</b>
<b>202</b>	<b>80.8</b>	<b>50.207</b>	
<b>212</b>	<b>84.8</b>	<b>52.692</b>	<b>C 6hr M</b>
<b>214</b>	<b>85.6</b>	<b>53.189</b>	<b>W 6h W</b>
230	92	57.166	
<b>243</b>	<b>97.2</b>	<b>60.397</b>	<b>W 6hr M</b>
<b>250</b>	<b>100</b>	<b>62.137</b>	
260	104	64.623	
<b>276</b>	<b>110.4</b>	<b>68.599</b>	<b>12hr Track Record James Dalke</b>
280	112	69.594	
<b>291</b>	<b>116.4</b>	<b>72.328</b>	<b>12hr Track Record Natalie Shanahan</b>
300	120	74.565	
310	124	77.050	
320	128	79.536	
<b>334</b>	<b>133.6</b>	<b>83.015</b>	<b>C 12hr W</b>
340	136	84.506	
350	140	86.992	
360	144	89.477	
<b>373</b>	<b>149.2</b>	<b>92.709</b>	<b>W 12hr W</b>
380	152	94.448	
<b>398</b>	<b>159.2</b>	<b>98.922</b>	<b>C 12hr M</b>
<b>403</b>	<b>161.2</b>	<b>100.165</b>	
<b>422</b>	<b>168.8</b>	<b>104.887</b>	<b>W 12hr M</b>
<b>442</b>	<b>176.8</b>	<b>109.858</b>	<b>24 hr Track Record Stehanie Simpson</b>
<b>515</b>	<b>206</b>	<b>128.002</b>	<b>24hr Track Record Oleg Tabelev</b>
<b>596</b>	<b>238.4</b>	<b>148.135</b>	<b>C 24hr W</b>
<b>643</b>	<b>257.2</b>	<b>159.817</b>	<b>C 24hr M</b>
<b>675</b>	<b>270</b>	<b>167.770</b>	<b>W 24hr W</b>
<b>759</b>	<b>303.6</b>	<b>188.648</b>	<b>W 24hr M</b>

**50 km**

	Men	Women
World:	2:42:07	2:59:54
Canada:	2:48:32	3:22:24
NT Qualifying:	3:20:00	3:50:00

**50 miles**

	Men	Women
World:	4:50:08	5:40:18
Canada:	4:54:59	6:09:11

**100 km**

	Men	Women
World:	6:09:14	6:33:11
Canada:	6:33:03	7:58:11
NT Qualifying:	8:00:00	9:00:00

**100 miles**

	Men	Women
World:	11:19:13	12:42:40
Canada:	12:05:43	14:57:13

<b>6 hours</b>		<b>12 hours</b>		<b>24 hours</b>	
Men	Women	Men	Women	Men	Women
Canada: 84.688km	75.538km	Canada: 158.956km	133.535km	Canada: 257.093km	238.261km
World: 97.2km	85.492km	World: 168.790km	149.130km	World: 303.506km	270.116km
				*NT Qualifying: 190.000km	180.000km

\*Top 9 selected, Top 6 compete in Team, other 3 compete as individual.

**Loop B**  
**Lap Mileage**

Lap	KM	Miles
10	16.18	10.1
20	32.36	20.1
30	48.53	30.2
<b>32</b>	<b>51.77</b>	<b>32.2</b>
40	64.71	40.2
<b>47</b>	<b>76.04</b>	<b>47.2</b>
<b>50</b>	<b>80.89</b>	<b>50.3</b>
<b>53</b>	<b>85.74</b>	<b>53.3</b>
<b>60</b>	<b>97.07</b>	<b>60.3</b>
<b>62</b>	<b>100.30</b>	<b>62.3</b>
70	113.25	70.4
80	129.42	80.4
<b>83</b>	<b>134.28</b>	<b>83.4</b>
90	145.60	90.5
<b>93</b>	<b>150.46</b>	<b>93.5</b>
<b>99</b>	<b>160.16</b>	<b>99.5</b>
<b>100</b>	<b>161.78</b>	<b>100.5</b>
<b>105</b>	<b>169.87</b>	<b>105.6</b>
110	177.96	110.6
120	194.14	120.6
130	210.31	130.7
140	226.49	140.7
<b>148</b>	<b>239.43</b>	<b>148.8</b>
150	242.67	150.8
<b>159</b>	<b>257.23</b>	<b>159.8</b>
160	258.85	160.8
<b>167</b>	<b>270.17</b>	<b>167.9</b>
170	275.03	170.9
180	291.20	180.9
<b>188</b>	<b>304.15</b>	<b>189.0</b>
190	307.38	191.0

1 lap = 1617.8m



Loop B

No World or Canadian records  
can be recorded on Loop B.

As this is the first year there are  
no current track records.